

# SPHERE

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## MEET THE MAKERS

THE ARTISANS BEHIND THE  
FASHION HOUSE HEROES

# Deluxe decade

WE TOAST 10 YEARS OF SPHERE WITH  
A SPECIAL ANNIVERSARY ISSUE

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### PULSE

THIS SEASON'S  
MOST COVETABLE  
WATCHES AND  
JEWELLERY

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## THE GOURMAND 24 HOURS

BY JEMIMA SISSONS



**Above:** try the pork and spicy seafood buns at Bun House. **Above right:** Soho's Corazon Taqueria is just the place for a taco pitstop. **Below:** new opening Nine Lives ensures that everything in its bar is sustainable

**9am** Wake up overlooking Eros in the **Hotel Café Royal**. The Japanese aesthetic of this David Chipperfield-designed hotel is very à la mode now and it feels like a cool retreat from the mayhem of Piccadilly. The white bathrooms come with huge Carrara marble baths and Floris products, and the pink and green leather sofas in the sitting room soften the formal

aesthetic. Breakfast is slick: try the red coloured cherry croissants and the green juice. Stand out is the Akasha spa and its lowlit pool.

**10am** Those with a yen for handcrafting their kitchen can head across the river to Borough to take a day class at the **Goodlife Centre** where pupils can learn how to weave a willow basket or make a wooden spoon. Tactility has never been so on trend.

**11am** For the less hands on, browsing the design shops, could be the answer. **Alex Eagle** on Lexington Street has beautiful hexagonal glasses from Murano, or how about the Luke Edward Hall plates specially commissioned for the store?

**12noon** Wander a bit further north to scout for muted hued table linens in **Pentreath and Hall**.

**1pm** Take a pew at the newly launched **Joe Allen**. The Covent Garden stalwart recently relocated to Burleigh Street where everything from the wood panels to the bar have been moved to retain the original character. Chomp on a burger and reminisce about the old days. Those seeking some hearty autumnal fare can try the food from Barrafina's recently departed Nieves



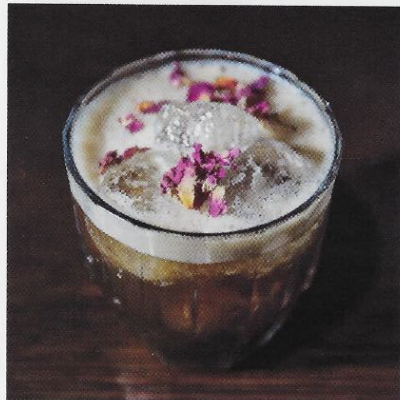
Barragán Mohacho at **Sabor** in Heddon Street. Suckling pig on the *asador* or octopus with oil and paprika will warm the soul.

**4pm** It's time for a tea break. **Bun House** in Soho is inspired by the teahouses of Hong Kong — try the pork and spicy seafood buns and delicious teas such as Uncle Dong's Rose Pu'er.

**6pm** Whittling will have worked up a thirst so unwind with a drink at **Nine Lives**, a newly opened bar where everything is sustainable, right down to the bamboo straws. **Hawskmoor** has launched a steak menu that will satisfy even the keenest carnivores. Highlights include a beef broth and bone marrow and truffle chips.

**8pm** Back in town, head to the **Wigmore at the Langham Hotel**. Based on a Victorian pub, it fuels patrons with punch cups, bespoke craft beers and food by Michel Roux Jr. For an easy bite, eat tacos at **Corazon Taqueria** in Soho, where highlights include Brixham white crab tostadas with grilled spring onions and carnitas tacos — slow cooked pork with pickled jalapeño and salsa verde. For a posh bite, take a pew at the newly relaunched **Simpson's in the Strand** for beef wellington and end with a nightcap at **Bar Termini Centrale**.

**Alex Eagle Studio**  
6-10 Lexington St, W1F 0LB; [alex eagle.co.uk](http://alex eagle.co.uk)  
**Bar Termini Centrale**  
31 Duke St, W1U 1LG; [bar-termini.com](http://bar-termini.com)  
**Bun House**  
24 Greek St, W1D 4DZ; [bun.house](http://bun.house)  
**Corazon Taqueria**  
29 Poland St, W1F 8QR; [corazonlondon.co.uk](http://corazonlondon.co.uk)  
**Darkroom**  
52 Lamb's Conduit St, WC1N 3LL; [darkroomlondon.com](http://darkroomlondon.com)  
**The Goodlife Centre**  
49-55 Great Guildford St, SE1 0ES; [thegoodlifecentre.co.uk](http://thegoodlifecentre.co.uk)  
**Hawskmoor**  
16 Winchester Walk, SE1 9AQ; [thehawskmoor.com](http://thehawskmoor.com)  
**Hotel Café Royal**  
68 Regent St, W1B 4DY; [hotelcaferoyal.com](http://hotelcaferoyal.com)  
**Joe Allen**  
2 Burleigh St, WC2R 0JJ; [joellen.co.uk](http://joellen.co.uk)  
**Nine Lives**  
8 Holyrood St, SE1 2EL; [ninelivesbar.com](http://ninelivesbar.com)  
**Pentreath & Hall**  
17 Rugby St, WC1N 3QT; [pentreath-hall.com](http://pentreath-hall.com)  
**Sabor**  
35 Heddon Street, W1B 4BR  
**Simpson's in the Strand**  
100 Strand, WC2R 0EW; [simpsonsinthestrand.co.uk](http://simpsonsinthestrand.co.uk)  
**The Wigmore**  
15 Langham Place, Upper Regent Street, W1B 1JA; [the-wigmore.co.uk](http://the-wigmore.co.uk)



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